

## OPTIMUM COACHING PACKAGE

### The fee for this 12/24/48 week coaching package includes:

- ▶ (12/24/48) 1-hour sessions of the *Core Energy Coaching Process*, via phone/Skype/Zoom/FaceTime.
- ▶ Assessment tools to determine what you need:
  - The *Energy Leadership™ Index (ELI) assessment*, including a debriefing session with a professional analysis and interpretation of your results.
  - 360-degree leadership assessment
  - SWOT, TOWS matrix, SOARS, PESTLE, STEEPLE analysis
  - Value assessment
  - Strengths assessment
  - Business wheels
  - Other specialized wheels, as needed
- ▶ Choose between a more structured method of coaching (**Option #1**) or an open, friendly, welcoming, unstructured save space where you can bring to the coaching session whatever you would like to work on (**Option #2**).
- ▶ If you choose **Option #1** I will guide you through one of the programs that will best fit your needs (12/24/48-week coaching program).
- ▶ As needed:
  - ▶ Weekly email support between the sessions (max. 3 emails/week of normal length).
  - ▶ Weekly one ten-minute Skype/FaceTime/Zoom or phone check-in.
  - ▶ Preparation email for the next coaching session.
- ▶ Results-focused coaching helps to create:
  - Supportive habits
  - Positive, empowering beliefs to bring you to your next level of success in your business.
- ▶ If you choose **Option #1** you'll get a workbook, worksheets, book excerpts, summaries of essential learning points, and tools to support you on your journey to success.

### NOW CHOOSE YOUR PROGRAM YOU WOULD LIKE TO FOCUS ON:

#### PROGRAM I: BUSINESS MASTERY PROGRAM

- ▶ Learn how to attract your ideal clients with the Ideal Client Attraction Blueprint.
- ▶ Identify your strengths, opportunities, weaknesses, and threats.
- ▶ Develop and determine the best-suited strategy for your company.
- ▶ With the right strategy, you'll win again and increase the company's revenue.



## **PROGRAM II: MINDSET MASTERY PROGRAM**

- ▶ Learn how to develop a Winning / Growth Mindset that supports your strategic decisions in your company.

## **PROGRAM III: LEADERSHIP MASTERY PROGRAM**

- ▶ Improve your leadership skills with in-depth training.
- ▶ I will guide you through the proprietary Energy Leadership Development Process.